

Vaccination Travel Logbook

First name:

Last name:

Date of birth:

Telephone:

It is important to keep a record of your vaccinations, especially before travelling to countries with risk of certain diseases.

For further information, check destination guidelines and talk to a healthcare professional.

Keep track of your vaccinations and stay up-to-date with booster doses.

Japanese Encephalitis

VACCINE NAME		DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

Rabies

VACCINE NAME		DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

Typhoid

VACCINE NAME		DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

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Cholera

	VACCINE NAME	DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

Hepatitis A

	VACCINE NAME	DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

Hepatitis B

	VACCINE NAME	DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

Get ready with your vaccine log

NOTE: The list of vaccines in this booklet is not exhaustive.

Keep track of your vaccinations and stay up-to-date with booster doses.

Other vaccines

VACCINE NAME	DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE

In case of emergency, please contact:

Name: _____

Telephone: _____

REMEMBER:

- The given list of vaccines is not exhaustive. Keep up-to-date with other routine vaccinations.
- If you experience any side effects, talk to your doctor, nurse or pharmacist.
- 6-8 weeks prior to the trip: visit a travel health clinic or health care provider.
- Leave a copy of your passport, ID, itinerary and insurance policy to a friend or relative.

- Check for travel advisories on your destination's travel website.
- Make sure to have an emergency contact in case of emergency abroad and know the local phone number.

PLEASE NOTE:

This does not replace any advice given by your healthcare provider

Are you ready for the trip?

Check out the list of important travel documents below:

- ☐ A valid passport
- ☐ Travel visa (if applicable)
- ☐ Up-to-date vaccination card (check destination regulations for requirements)
- ☐ Boarding pass/ticket
- ☐ Emergency contact number list
- ☐ Valid driver's license
- ☐ Insurance covering travel (medical, trip cancellation)

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For more information on
infectious diseases, visit
BewareOfTheBugs.com