

# Vaccination Travel Logbook

First name:

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Last name:

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Date of birth:

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Telephone:

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It is important to keep a record of your vaccinations, especially before travelling to countries with risk of certain diseases.

For further information, check destination guidelines and talk to a healthcare professional.

Keep track of your vaccinations and stay up-to-date with booster doses.

## Japanese Encephalitis

	VACCINE NAME	DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

## Rabies

	VACCINE NAME	DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

## Typhoid

	VACCINE NAME	DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

Keep track of your vaccinations and stay up-to-date with booster doses.

### Cholera

	VACCINE NAME	DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

### Hepatitis A

	VACCINE NAME	DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

### Hepatitis B

	VACCINE NAME	DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE
1st Dose				
2nd Dose				
3rd Dose				
4th Dose				

Keep track of your vaccinations and stay up-to-date with booster doses.

### Other vaccines

VACCINE NAME	DATE GIVEN	CLINIC NAME	DATE OF NEXT DOSE

#### In case of emergency, please contact:

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

#### REMEMBER:

- The given list of vaccines is not exhaustive. Keep up-to-date with other routine vaccinations.
- If you experience any side effects, talk to your doctor, nurse or pharmacist.
- 6-8 weeks prior to the trip: visit a travel health clinic or health care provider.
- Leave a copy of your passport, ID, itinerary and insurance policy to a friend or relative.

- Check for travel advisories on your destination's travel website.
- Make sure to have an emergency contact in case of emergency abroad and know the local phone number.

#### PLEASE NOTE:

This does not replace any advice given by your healthcare provider

#### Are you ready for the trip?

Check out the list of important travel documents below:

- A valid passport
- Travel visa (if applicable)
- Up-to-date vaccination card (check destination regulations for requirements)
- Boarding pass/ticket
- Emergency contact number list
- Valid driver's license
- Insurance covering travel (medical, trip cancellation)

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For more information on  
infectious diseases, visit  
**[BewareOfTheBugs.com](https://www.bewareofthebugs.com)**