

TRAVELLING SOON?

You may be at risk to exposure with chikungunya.

Chikungunya is caused by a virus passed on through mosquito bites and can cause life-changing symptoms:¹⁻³

Up to 28% of cases are asymptomatic. Many of the remaining cases can cause mild symptoms, including headaches, muscle and joint pain, nausea, fatigue and skin rashes.^{1,4}

However, in some cases, chikungunya can cause fever and severe joint pain - symptoms can last for a few days but may be prolonged, lasting for weeks, months or even years.¹



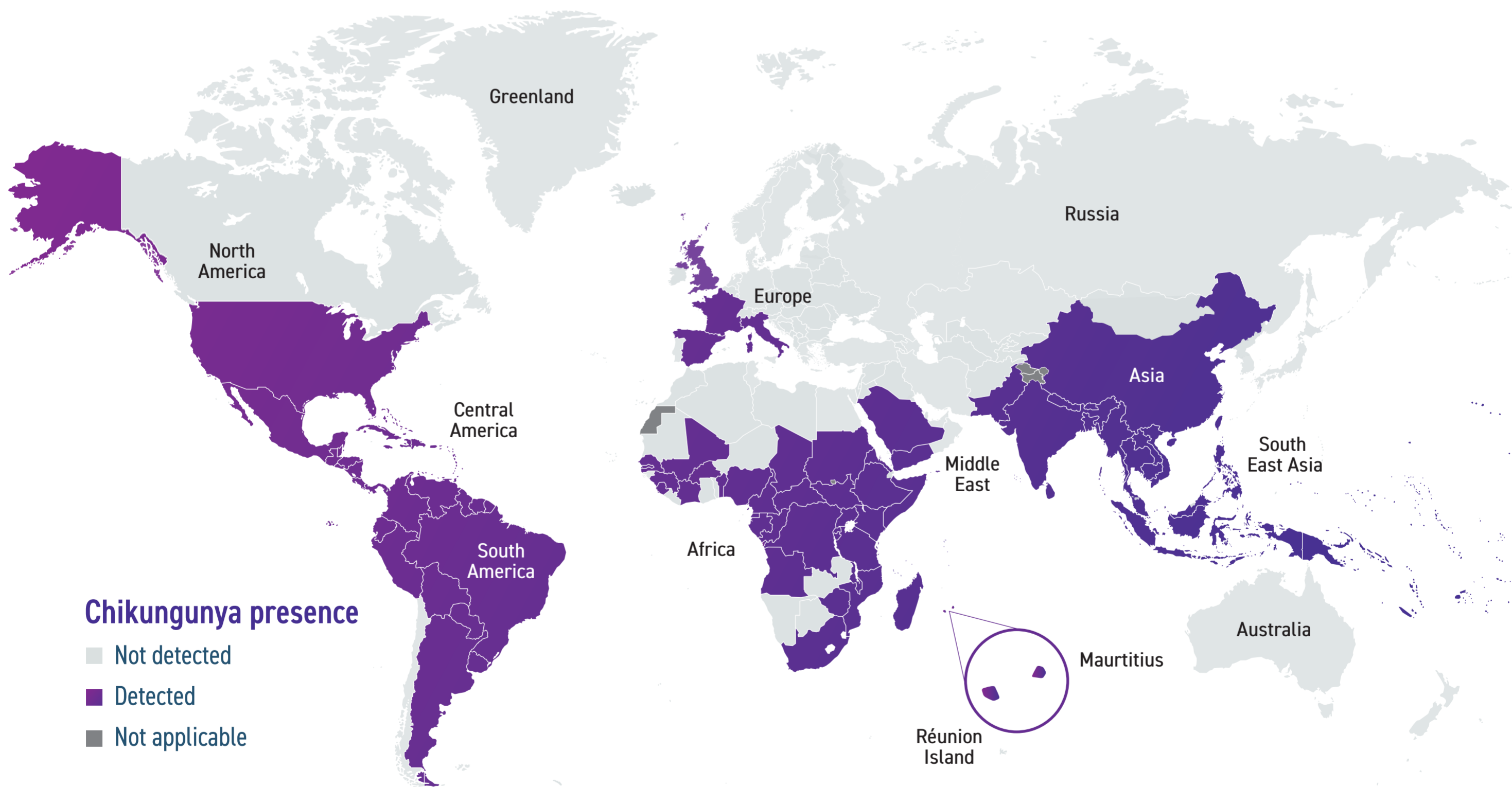
AREAS OF RISK

Chikungunya has been identified in over 110 countries across the globe including much of the Americas, sub-Saharan Africa, the Middle East, India, China and many other parts of Asia.^{1,5}

Countries where chikungunya has been identified⁵

DID YOU KNOW?

Mosquitoes can bite in both rural and urban areas, both during the day and at night.⁶⁻⁸



TALK TO YOUR HEALTHCARE PROFESSIONAL TODAY
or visit bewareofthebugs.com for more information



References: 1. World Health Organization. Chikungunya. April 2025. Available at: <https://www.who.int/news-room/fact-sheets/detail/chikungunya>. Accessed July 2025. 2. Paixão ES, et al. Chikungunya chronic disease: a systematic review and meta-analysis. *Trans R Soc Trop Med Hyg.* 2018 Jul 1;112(7):301-316. 3. Burt FJ, et al. Chikungunya virus: an update on the biology and pathogenesis of this emerging pathogen. *Lancet Infect Dis.* 2017 Apr;17(4):e107-e117. 4. Simon F, Caumes E, Jelinek T, Lopez-Velez R, Steffen R, Chen LH. Chikungunya: risks for travellers. *J Travel Med.* 2023 Apr 5;30(2):taad008. 5. World Health Organization. Global chikungunya epidemiology update. June 2025. Available at: https://cdn.who.int/media/docs/default-source/documents/epi/ezh/chikungunya-epidemiology-update_11june2025.pdf. Accessed July 2025. 6. Centers for Disease Control and Prevention. Preventing mosquito bites. August 2024. Available at: <https://www.cdc.gov/mosquitoes/prevention/index.html>. Accessed July 2025. 7. Murty US, Rao MS and Arunachalam N. The effects of climatic factors on the distribution and abundance of Japanese encephalitis vectors in Kurnool district of Andhra Pradesh, India. *J Vector Borne Dis.* 2010 Mar;47(1):26-32. 8. National Travel Health Network and Centre. Chikungunya. June 2025. Available at: <https://travelhealthpro.org.uk/factsheet/27/chikungunya>. Accessed July 2025.